



St. Coletta -Transition Program **Supply List 2018-2019**

General items

- Sturdy Backpack
- Lunch bag
- Transit ID (If you have one)
- Identification
- Composition notebook
- Calculator
- USB drive to save work done on computers
- Extra shirt, pants, socks and under garments in a bag
- Individual snacks
- Kleenex-5
- Paper towels-2
- Clorox wipes-2

Daily Items

- Bag Lunch (not requiring a microwave)
- Water bottle
- Personal Hygiene Kit (tooth brush, tooth paste, deodorant, brush/comb, feminine products).

For the Gym

- State Identification and YMCA membership card (when acquired)
- Workout clothes (shorts, T-Shirt, Tennis Shoes)
- Change of clothes
- Hair ties or sweatbands
- Toiletries (shampoo, toothbrush, toothpaste, deodorant, etc.)
- Towel
- Swim Suit & plastic bag (any other swimming accessories)
- Water bottle
- Headphones (if desired for workout)
- Bag lunch (not requiring microwave)

For the Bowling Alley

- Personal Bowling Ball (Not required, balls available on site)
- Bag Lunch not requiring a microwave