

St. Coletta -Transition Program

Supply List 2019-2020

General items

- Sturdy Backpack
- Lunch bag
- Transit ID (if you have one)
- Identification
- Extra shirt, pants, socks and under garments in a bag (if needed)
- Kleenex-5
- Paper towels-2
- Clorox wipes-2

Daily Items

- Bag Lunch (not requiring a microwave)
- Water bottle
- Personal Hygiene Kit (toothbrush, toothpaste, deodorant, brush/comb, feminine products).

For the Gym

- State Identification and YMCA membership card (when acquired)
- Workout clothes (shorts, T-Shirt, Tennis Shoes)
- Change of clothes
- Hair ties or sweatbands
- Toiletries (shampoo, toothbrush, toothpaste, deodorant, etc.)
- Towel
- Swim Suit & plastic bag(any other swimming accessories)
- Water bottle
- Headphones (if desired for workout)
- Bag lunch (not requiring microwave)

For the Bowling Alley

- Personal Bowling Ball (Not required, balls available on site)
- Bag Lunch not requiring a microwave