

# St. Coletta Day School of Milwaukee

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Weekly Update      January 14, 2020

Important Dates:    Wednesday, January 15      Parent Meeting  
                                 Thursday, January 16      Urban Ecology Center  
                                 Monday, January 20      No School- Teacher In-service

Here are some ideas that you can try at home to help you to better communicate with your child. The left side, 'Grit Builders' is what we are striving for. The right side are 'Grit Stealers' that are not productive in helping children to learn. This chart is credited to Dr. Charles Fay from the 'Love and Logic Institute'.

Perseverance is the key to building grit. There is no doubt that kids who develop it will lead happier and more productive lives than those who don't. Listed below are few "grit builders" with corresponding "grit stealers."

Grit Builders		Grit Stealers
Allow your kids to make affordable mistakes and live with the consequences.	➔	Micromanage or rescue your kids.
Celebrate effort, hard work, and perseverance.	➔	Constantly tell them that they are bright, gifted, or exceptionally talented.
Let them see you make mistakes.	➔	Model perfectionism.
Show your kids that you maintain a positive attitude when you make mistakes.	➔	Talk badly about yourself when you make mistakes.
Guide your kids toward getting along well with their teachers and coaches.	➔	Talk to their teachers and coaches, ensuring that things go smoothly for your kids.
Expect your kids to do their fair share of chores.	➔	Treat your kids like a guest at a resort for the rich and famous.
Let them hear you discussing how trials build mature character.	➔	Let them hear you complaining about the trials you face.
Let them wait for what they want.	➔	Immediately gratify their desires.
Allow them to experience a natural and full range of emotions. Show that you care by expressing empathy.	➔	Try to keep them happy at all times. Give them the impression that life should never be upsetting or stressful.

Teaching perseverance isn't complicated. It requires a willingness to allow kids to experience healthy challenges as they grow. It also requires that we let them see that they have what it takes to cope with life's challenges.



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## Transition Program

### Appointments & Absences

Good job this week on reporting appointments, absences and late arrivals/early departures. It really helps to know these things before they happen. In looking at our attendance policy we want to ensure that your child is receiving all of the benefits of their school day. That's why it is so important that they arrive on time and stay for the entire day. We understand that there may be times when a scheduled appointment will be during the school day. Sometimes that is just unavoidable. We do need prior notice of such appointments. Refer to the Family Handbook for any clarification. You all received a 'yearly calendar' which lets you know the days that students are not in school. This should be used as a guide when making appointments.

Tardies, either planned or unplanned will affect your child's attendance record as well as the 'attendance awards' that are given out every quarter.

### Parent Meeting

There is a Parent Meeting tonight at 6:00. Parents will meet in Room 1, Ms Rachel's room. Best Buddies will be here to assist with respite.

### Urban Ecology Center

This Thursday, January 16 is our trip to the UEC. Dress warmly as the students will be outdoors for a time! Winter weather can be so unpredictable. Remember...if your child wears boots to school (as they should in the cold, snowy weather) they should also have a pair of shoes to wear while they are in school. Wearing boots all day while in school is not allowed. It's also not very healthy. The students are welcome to keep an extra pair of shoes at school.

*Reflection: "Strive not to be a success, but rather to be of value."*

**-Albert Einstein**

